

OsoLean™ Recipe Card



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fold on black line ▶

Ingredients:

- 2 scoops of OsoLean™ powder
- 1 scoop chocolate GlycoSlim® meal replacement drink mix
- 1 cup of non-fat milk
- Splash of peppermint extract
- Ice

Directions: Combine all ingredients in a blender. Mix, pour and enjoy! (275 Calories*)

Tips:

- A "splash" of extract is a little more than a drop, but less than a capful. More or less can be used based on individual taste preference.
- A natural or low-calorie cocoa can be used in place of GlycoSlim meal replacement drink mix.
- Use fresh mint from the garden as well!



* Calories may vary based on actual ingredients and brand of products used. The ingredient with the fewest calories was used in recipes that offer ingredient options (i.e., milk or yogurt, low-fat or non-fat). Refer to the labels of actual ingredients used for the most accurate calorie count.

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